

# NSW MID NORTH COAST



Stretching from Seal Rocks in the south to Woolgoolga in the north, it's breathtaking countryside, under-crowded white sandy beaches and subtropical climate makes the Mid North Coast of NSW the ultimate family holiday destination! The region covers the mid northern coast of the state, beginning from Port Stephens 160 km north of Sydney, and extending as far north as Woolgoolga, 562 km north of Sydney, a distance of roughly 400 km.

Heading northwards beyond Newcastle, the Mid North Coast region's main towns include the towns of Bulahdelah, Forster, Tuncurry, Wingham, Taree, Port Macquarie, Kempsey, South West Rocks, Macksville, Nambucca Heads, Bellingen and Coffs Harbour. Of these Taree, Port Macquarie and Coffs

Harbour are the major commercial centres, all with large shopping centres, public facilities and attractions. Kempsey and Forster-Tuncurry are considered semi-major commercial centres. Smaller towns that are popular tourist spots are North Haven, South West Rocks, Urunga, Gloucester and Pacific Palms.

The region has a subtropical climate and is known for its waterways, beaches and hinterland of forests and farms. Major industries are farming, logging and tourism.



## TRANSPORT

Three bus services run throughout the region. Services also operate in the Port Macquarie region. There are several railway stations on the Mid North Coast serviced by three trains; the Grafton, the Casino and the Brisbane XPT trains. Rail is the fastest and cheapest way to get to either Sydney, Newcastle, the Gold Coast and Brisbane.

## SHOPPING

Taree Central Shopping Centre provides you with access to retail, food and dining as well as essential household items, products and services. Manning Mall is home to Coles, Target and over 30 specialty stores.

There are several public schools in the Taree area. Private schools in and around Taree include Manning District Adventist School, Tinonee, Manning Valley Anglican College, Cundletown, Taree Christian College, Kolodong, St Joseph's Primary School, and St Clare's High School. Several post-secondary education and training facilities have a presence in Taree: the North Coast Institute of TAFE, Taree Community College, the Australian Technical College - Manning Valley Campus.



## FACILITIES

The Manning Entertainment Centre in Taree was built in the 1980s as the cultural centre of the district. Local performers, including the district eisteddfod and local amateur dramatic societies, use it to provide cultural opportunities for the local community.

Located next to the Entertainment Centre and the Visitor Information Centre at the northern entrance to Taree is the Manning Aquatic and Leisure Centre. This facility includes a 25-metre indoor heated pool with slippery dip and a 50-metre outdoor pool.

The Manning Regional Art Gallery is located in a cottage-style building next to Taree Public School. The art gallery hosts a changing selection of works by local artists and visiting exhibitions.

Nearby towns include historic Wingham, and Tinonee.

